

West Hants Regional Municipality

Summer 2022 Brochure

Registration for programs and
swim lessons opens on
June 8th @ 6:00 pm



2 Ways to Register:

1. Register and pay online with credit card:
www.westhants.ca/rec
2. Register by phone and pay later with cash/debit:
902-798-8391 Ext. 214



SCAN ME

***We are unable to register anyone online or over the phone before 6:00pm on June 8th**

Please ensure you have completed the registration process and have received payment confirmation.

Space is limited. Once programs are full, please register on the waitlist.

Visit the following sites for more information and to check for cancellations:

Facebook: West Hants Parks & Rec
Website: www.westhants.ca/rec

New! Event Updates Through Text

Get regular recreation & community event updates by signing up for direct texting feature: text "Westhants" to 1-833-459-4693.
Standard msg & data rates apply



Summer of Fun: On the Water

Guided Kayak Adventures

Join Glenn from Liverpool Adventure Outfitters on a 3 hour guided kayak trip! All equipment is provided, just bring water, a snack and your sense of adventure! No experience necessary.

The Guided Kayak Adventures are weather permitting. If there is extreme weather the program will be canceled.

Children 13 and under must be accompanied by an adult.

**\$25/person per adventure
Ages 9 and up**

Morning Adventures: 9:00 am-12:00 pm
Afternoon Adventures: 2:00 pm-5:00 pm

Morning Adventures (9:00 am-12:00 pm)

Panuke Lake	Falls Lake
• July 16th	• July 31st
• July 17th	• August 27th
• July 30th	• August 28th

Afternoon Adventures (2:00 pm -5:00 pm)

Panuke Lake	Falls Lake
• July 16th	• July 31st
• July 17th	• August 27th
• July 30th	• August 28th

Kayak Rescue Skills- Pool Workshop:

Learn the basics of kayaking including safety equipment overview, entering and exiting a kayak, rescuing other paddlers who've tipped, and much more! If you have never used a kayak, but want to take advantage of our free loan programs, these sessions are for you. Practice in the safety of the pool with trained lifeguards standing by to assist if needed. Certified kayak instructors will lead the sessions.

**\$30/person
Ages 9 and up**

July 3rd or August 20th
10:00 am-12:00 pm
Hants Aquatic Centre

Leader-in-Training (LIT) Program

We are looking for caring, responsible, and reliable youth (ages 13-15) to help with our camps as an LIT!

This program involves submitting an application, attending training sessions, and gaining experience in our camps throughout the summer. This is a great way to gain skills needed for future jobs!

Quick Facts!

- **Ages 13-15**
- *Help in camps for the full week of your choice*
 - 8:00 am to 5:00 pm
- **No cost for the application process.**
 - *If accepted, \$100/week or \$250/3 weeks*
 - *If cost is a barrier, please contact us*

If you are interested, please send an email to Em at summerrec@westhants.ca "LIT [your name]" as the subject

Important Dates

Required training

- Must attend an afternoon training session with Em to cover LIT expectations and other important information
 - More information to come on date/time

Awesome Events in the Community

The Everette Wile Memorial: Give'r A Try

**June 4th 9:00 am-2:00 pm
Meadow Pond FREE!
6290 Highway 14, Windsor**

Join West Hants Wildlife Association for a day full of "try-it" events! Join us any time from 9:00 am and 2:00 pm and stay as long as you like!

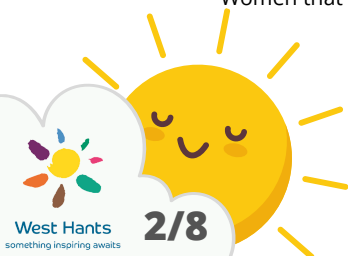
This outdoor community event including free fishing (no licence required), Canadian National Range Day, Hug-A-Tree/Basic Bushcraft, Women that Hunt and more!

Avon Community Farmers' Market

The opening day of the ACFM is **June 5th, 10:00 am-2:00 pm!**
The Farmers' Market is every Sunday at Victoria Park.
Check out their website for more information!
<http://www.avoncommunityfarmersmarket.ca>

The Fair Grounds Farmers' Market

The opening day of the Fair Ground Farmers' Market is **June 2nd, 4:00 pm-7:00 pm!**
The Farmers' Market is every Thursday evening at Windsor Exhibition Grounds.
Find out more information on Facebook:
[@thefairgroundsfarmersmarket](https://www.facebook.com/thefairgroundsfarmersmarket)



If cost is a barrier please contact us at 902-798-8391 Ext. 214 or summerrec@westhants.ca

Summer of Fun Events!

Adventure Afternoons!

Join us for an amazing afternoon of outdoor exploration, meeting new people and having fun!
Bring your bikes and scooters and don't forget your sense of adventure! **Pre-registration is required.**

June 11th: Falls Lake Provincial Park
July 23rd: Smiley's Provincial Park
August 7th: West Hants Sports Complex

Ages 5-12
\$15/Afternoon
1:00 pm-4:00 pm

Bike Workshop

Join Tony Wood of The Spoke & Note to learn how to perform basic bike maintenance!
This program will have you ready to cycle this spring by teaching you easy techniques to safety check your ride, along with an intro to using any of the bike maintenance stands located throughout West Hants! **Pre-registration is required.**

\$20/person
The Spoke & Note
June 11 at 3:15 pm-4:15 pm

Fit For Life

This multi-generational program focuses on strengthening our bodies as we move through the various chapters in life.
We welcome caregivers and babies, active agers, and those with varied abilities. **Pre-registration is required.**

July 14: Foundry Field, Hantsport
July 21: Dr. Arthur Hines Elementary, Summerville
July 28: Newport Landing Waterfront Park
August 4: Three Mile Plains School
August 11: West Hants Middle School, Brooklyn
August 18: Vaughan Fire Hall

All Ages
\$55/all sessions
or
\$10/single session
9:30 am-10:30 am

Roller Nights

Join us for some family fun, 1970s style! Roller skates, scooters and strollers welcome!
Grab your roller skates, funky outfits and your skating partners!
Skates/scooters not provided, please bring your own.
Helmets are required for all participants. Limited number of helmets available to use.
No need to register, just drop in!

June 10th: Pride Theme
July 22nd: Disco Theme
July 29th: Blast from the Past
\$3/person, \$8/family
West Hants Sports Complex
7:00 pm-8:00 pm

Guided History Hikes

Join us for a free history hike on the Haliburton House Museum grounds!
Enjoy an easy walk and learn about the gypsum, apple trees, events, and people that shaped our area! **Pre-registration is required.**

Haliburton House Grounds
FREE!
6:30 pm-7:30 pm
All ages welcome!
July 12th and August 10th

Movies in the Park

Bring your cozy blankets and snacks and settle in with friends/family for an outdoor movie!
Children 13 and under must be accompanied by an adult.
Trivia and activities will be offered before and during movies!
Movies may start a few minutes after the listed time if it is not dark enough.

Please note that the dates are weather permitting (Check Facebook: West Hants Parks & Rec).
No need to register, just come drop in!

July 23rd: Encanto
• 8:25 pm start, Brooklyn Civic Centre
August 5th: Sing 2
• 8:15 pm start, HMCC
August 26th: Raya and the Last Dragon
• 7:45 pm start, Victoria Park

Parks Canada: Learn to Camp

Have you ever wanted to try camping but didn't have access to gear or didn't know where to start?
Come join Parks Canada and Learn-to Camp at Fort Edward National Historic Site on June 17th and 18th! Parks Canada staff will be there to teach you everything you need to know!
In person info session & registration: June 12th, 2:00 pm at the Windsor Community Centre
Pre-registration is also available online.

Fort Edward National Park
FREE!
June 17th - 2:00 pm start
June 18th - 12:00 pm end
All ages welcome!

Other Fun Events!

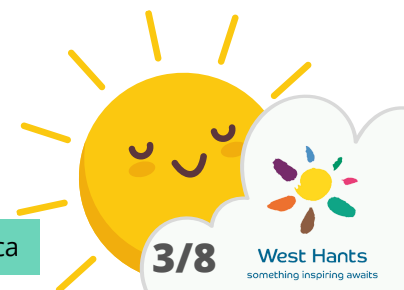
Watch our Facebook page for awesome pop-up events!

- Backyard games
 - Washer toss, horseshoes etc.
- Fairy houses/rock painting
- Dino Hunts

AND MORE!

Is there another pop-up event you would like to see?
Let us know by contacting Kiya at summerfun@westhants.ca

If cost is a barrier please contact us at 902-798-8391 Ext. 214 or summerrec@westhants.ca



Hants Aquatic Centre!

The pool opens with the full season schedule on July 2nd! We can not wait to see you then!
Watch our Facebook page for possible swim opportunities before July 2nd!

Swimming Lessons are a Go!

This year we are offering lessons through the Lifesaving Society!

Please see the swimming level conversion chart on our website to determine your child's level within Swim for Life. Parents/guardians are responsible for determining the correct level BEFORE registering your child/yourself.

Group Lessons

Group swim lessons are offered Mon-Thur in 2 week sessions
Swimmer 4 and lower (30min classes) = \$75
Swimmer 5 and higher (45min classes) = \$85

Private Lessons

\$90 for 4 classes (30min each)

Semi-Private Lessons

\$144 for 4 classes (30min each)

Private lessons and semi-private lessons (2 people in the same level/learning the same skill) are available, space is limited. Each private lesson focuses on teaching one skill and then progressing when that skill is completed. Please see the "how to register" section for more information.

Fees

Punch Passes and Season Passes are available for sale beginning **June 20th**
Toddlers 3 and under are free

Individual Pass (Includes Lane swim, Public swim and Parent & Tot swim) Toddlers 3 and under are free	\$4.50/drop-in \$45/10-punch pass \$160/season pass (does not guarantee access)
Family Pass (Members within your household) Toddlers 3 and under are free	\$15.00/drop-in \$150/10-punch pass \$300/season pass (does not guarantee access)
Aquafit Pass	\$7.00/drop in \$70/10-punch pass

Swimming Lesson Schedule

Monday to Thursday

Private Lessons

2:00 pm-2:30 pm: Swimmer 5 and Higher

2:30 pm-3:00 pm: Swimmer 5 and Higher

Group Lessons

3:00 pm-3:30 pm: Swimmer 3/4 (Split class)

3:00 pm-3:45 pm: Swimmer 5, Swimmer 6

3:00 pm-4:00 pm: Rookie/Ranger/Star

4:00 pm-4:30 pm: Parent & Tot, Swimmer 1, Swimmer 2

4:40 pm-5:10 pm: Preschool 1, Preschool 2, Preschool 3

5:20 pm-5:50 pm: Preschool 4, Preschool 5

Tuesday and Friday

6:00 pm-6:30 pm– Adult Swim to Survive

Fridays (Private Lessons)

2:00 pm-2:30 pm– Swimmer 5 and Higher

2:35 pm-3:05 pm– Swimmer 5 and Higher

3:10 pm-3:40 pm– Any level

3:45 pm-4:15 pm– Swimmer 4 and Lower

4:20 pm-4:50 pm– Swimmer 4 and Lower

5:00 pm-5:30 pm– Swimmer 4 and Lower

5:30 pm-6:00 pm– Any Level

AquaGo!

This is a national pilot program that introduces 5-10 year olds to Artistic Swimming. No experience necessary!

Registration is required, visit our website for more information on how to register.

July 6th to Aug 24th:

9:30 am-10:30 am

10:30 am-11:30 am

Ages 5-10 \$30/person

Rentals

\$160: Full facility rental for up to 90 people (1hr with 3 lifeguards)

Free Swim Fridays - FREE!

Join us for a fun-filled, themed free swim!

Each weekly theme will be announced on our Facebook page (West Hants Parks & Rec), so check it out!

All Bodies Swim \$2

We are creating a space where everybody and every body are welcomed and celebrated.

Sensory Swim - \$2

We are trying to cultivate an inclusive environment for community members with sensory aversions by eliminating whistles, turning off water features, and keeping group sizes small. We welcome anyone with sensory sensitivities.

Check Out Our Website for More Information!

- Hours of operation
- Registration information
- Conversion chart for swimming lessons
- Features of the facility
- And more!

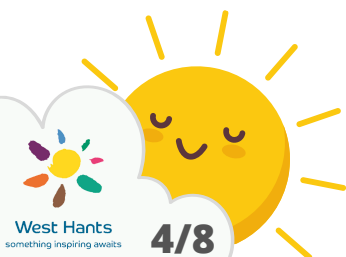


SCAN ME

www.westhants.ca/HAC

If you cannot access the website please call 902-798-8391 Ext. 228

If cost is a barrier please contact us at 902-798-8391 Ext. 214 or summerrec@westhants.ca



Hants Aquatic Centre Schedule Summer 2022!

All Bodies Swim

Thurs:
11:00 am-12:00 pm

AquaGo!

Wed:
9:30 am-11:30 am

Child & Caregiver

Mon-Thurs:
12:00 pm-1:00 pm

Fri:
11:00 am-1:00 pm

Sat,Sun:
12:00 pm-12:50 pm

Free Swim

Fri:
6:30 pm-8:00 pm

Lane Swim

Mon,Wed:
9:00 am-12:00 pm

Fri:
9:00 am- 1:00 pm

Sat,Sun:
12:00 pm-12:50 pm

Sensory Swim

Tues:
11:00 am-12:00 pm

Hants Aquatic Centre Schedule Summer 2022: Starting July 2nd						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00						
8:00	Swim Team (7:30-9:00)		Swim Team (7:30-9:00)		Swim Team (7:30-9:00)	
9:00			Lane Swim (9:00-12:00)		Lane Swim (9:00-1:00)	
10:00						
11:00		Sensory Swim 11:00-12:00	AquaGo! (9:30-11:30)	All Bodies Swim 11:00-12:00	Child & Caregiver (11:00-1:00)	
12:00		Child & Caregiver (12:00-1:00) / Aquafit (12:10-1:00)				Lane Swim (12:00-12:50) / Child & Caregiver (12:00-12:50)
1:00						Rental (1:00-2:00)
2:00						
3:00						
4:00						
5:00						
6:00						
7:00						
8:00						
9:00						

Watch Our Facebook Page for Possible Swim Opportunities Leading-up to Our Season Start Date!

Aquafit

MonThurs:
12:10 pm-1:00 pm

Mon,Wed,Thurs:
5:30 pm-6:20 pm

Group Swim Lessons

Mon-Thurs:
3:00 pm-6:00 pm

Adult Swim to Survive
Tues/Fri: 6:00-6:30

Private Swim Lessons

Mon-Thurs:
2:00 pm-3:00 pm

Fri:
2:00 pm-6:00 pm

Public Swim

Mon-Fri:
2:00 pm-3:00 pm

Mon-Thurs:
6:30 pm-8:30 pm

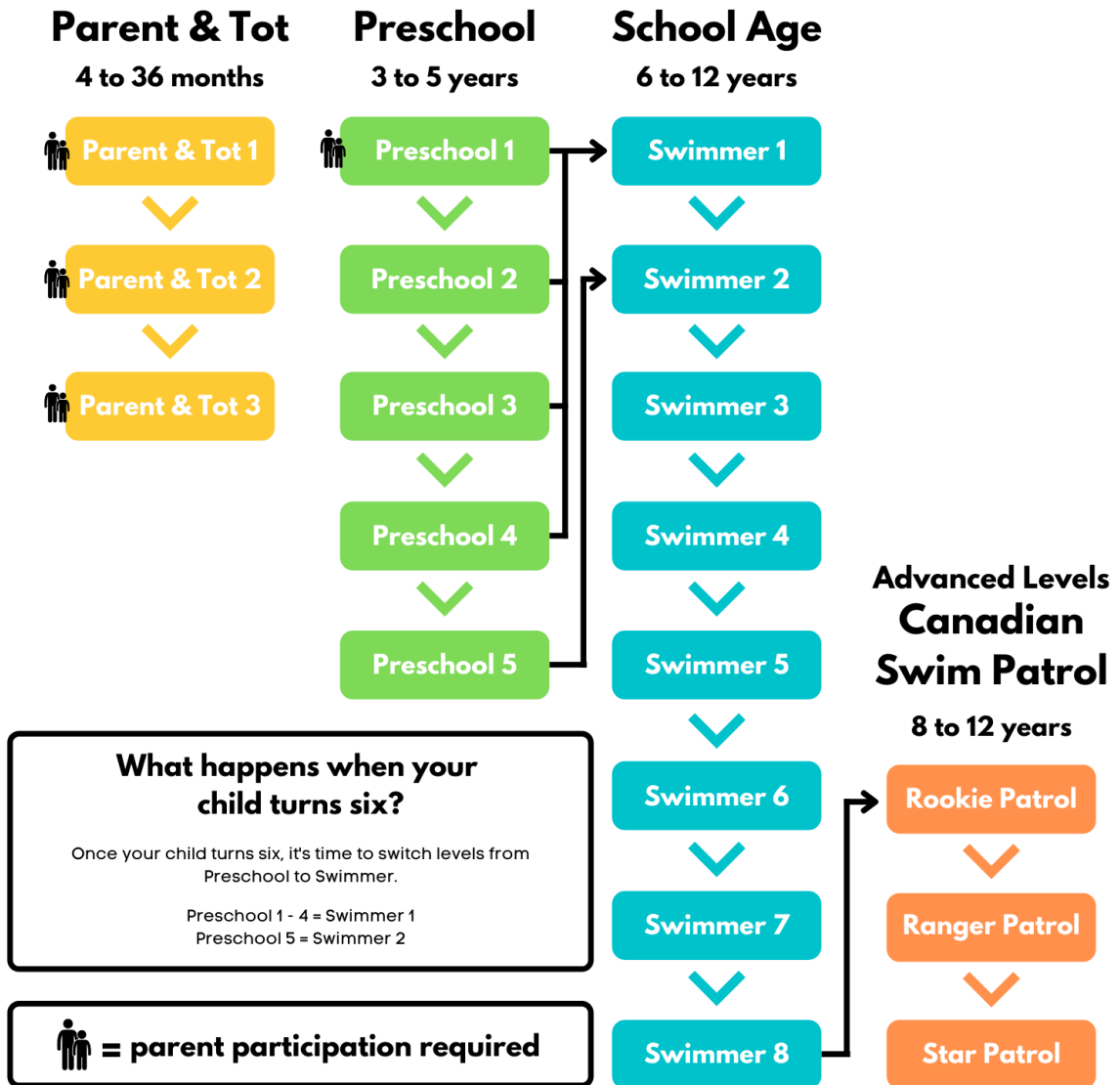
Sat,Sun:
2:00 pm-4:00 pm & 5:00 pm-6:00 pm

Swim Team

Please contact:
windsorbluefins@gmail.com

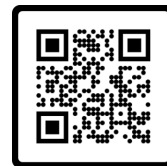


Swim for Life® Program Structure

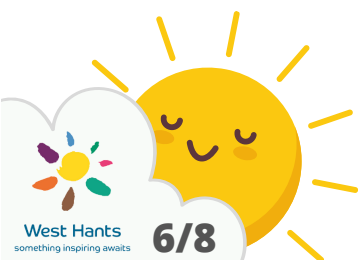


Please go to our website www.westhants.ca/HAC to see the conversion chart for swimming lessons

If you cannot access the website please call 902-798-8391 Ext. 228



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Summer Camps

Please Note:

We employ local youth leaders to manage and deliver programs.

They receive recreation training but are not recreation professionals, educational assistants or teachers.

Please help us achieve our goal of providing these youth a wonderful experience as they learn valuable work skills by being kind, patient & respectful to our summer staff.

If you have feedback, we would love to hear from you so that we can continue to improve and teach skills.

Please reach out to Kathy Johnston-Isenor, 902-790-6976 or kjohnston@westhants.ca.

Summer Camps

Join us for a summer full of adventures, new experiences and fun times with our awesome leaders!

The best part is that there is a new theme each day, rather than weekly themes!

We will explore the outdoors, take trips to the pool and have a few surprises along the way!

Week 1: **July 4-8**

Week 2: **July 11-15**

Week 3: **July 18-22**

Week 4: **July 25-29**

Week 5: **August 2-5 (runs Tuesday - Friday)**

Week 6: **August 8-12**

Week 7: **August 15-19**

Week 8: **August 22-26: 'Big Summer Blow-Out'**

Windsor Community Centre
Monday-Friday 8:00 am-5:00 pm
\$130/week **Ages 5-12**

Exploration Camps

Put on your exploration cap! It's time to use our explorer skills all over West Hants!

Spend your days playing outside and getting in touch with nature while learning new skills!

We would love for you to bring-your-own bike/scooter (and helmet!) into camp and be ready for a few surprises too!

Week 1: July 4-8

Art Explorers: Windsor Forks District School

Spend the week using natural items to create works of art, showing off your best interpretive dance of falling leaves and creating your own birdsong! Learn new skills along the way and let your imagination run wild with all the wonders of nature!

Week 2: July 11-15

Science Explorers: Falmouth Hall

Grab your magnifying glass and get ready to be curious! This week we will dive into the wacky world of science through hands-on experiments and interactive activities! Experience explosions, reactions and even some scientific snacks! Don't forget your sense of adventure!

Week 3: July 18- 22

Mythical Explorers: Dr. Arthur Hines School (DAH), Summerville

Keep your eyes peeled for all the mythical creatures we will see throughout the week! From fairies to knights and dragons, explore the wonders of the mythical world! Build fairy houses, save the leader from the dragon, search for mermaids and so much more!

Week 4: July 25-29

Imagination Explorers: Avondale Community Hall

Put on your inventor hats and grab your friends! This week is all about making cool and exciting creations! Design your own invention and show it off to the group in our 'Camp Innovation Fair' on Friday! What will you create?

Week 5: August 2-4

Camping Explorers: Three Mile Plains Community Hall

Gain new skills that you need to be a Camping Explorer! From knot tying to pitching a tent, you will learn it all this week! We will learn plant identification and how to leave the forest better than it was before! There may even be a sweet treat to enjoy around our 'campfire' craft!

Various Locations
Monday-Friday
8:00 am-5:00 pm

\$130/week
Ages 5-12

Week 1: **July 4-8**, Windsor Forks District School

Week 2: **July 11-15**, Falmouth Community Hall

Week 3: **July 18-22**, Dr. Arthur Hines Elementary

Week 4: **July 25-29**, Avondale Community Hall

Week 5: **August 2-5**, Three Mile Plains Community Hall

Week 6: **August 8-12**, West Hants Middle School

Week 7: **August 15-19**, Vaughan Fire Hall

Week 8: **August 22- 26**, Windsor Community Centre

Week 6: August 8-12

Wilderness Explorers: West Hants Middle School, Brooklyn

Explore the world of creepy crawlies and wonderous wigglers! Learn how to identify animal tracks, search for birds and butterflies, appreciate plants and even plant your own! Get up close and personal with nature!

Week 7: August 15-19

Space Explorers: Vaughan Fire Hall

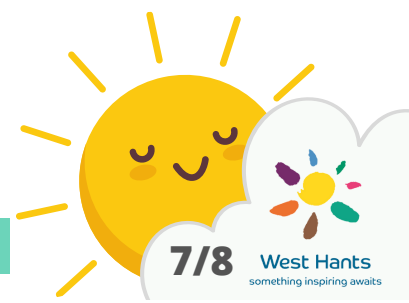
Blast off with us as we explore the vast wonders of outer space! Protect your spaceship from aliens, discover new planets, learn different constellations and so much more! This camp will be out of this world!

Week 8: August 22-26

Big Summer Blow Out: Windsor Community Centre

The summer is coming to an end but don't be sad! Join us for a week long summer party! From slip 'n' slides, trips to the pool and special guests, a daily surprise will keep you on your toes! We will swim every day and adventure throughout our trail systems in Windsor!

If cost is a barrier please contact us at 902-798-8391 Ext. 214 or summerrec@westhants.ca



West Hants Region Welcome Centre Visitor Information

Open daily until October 17th
9:00 am to 5:00 pm

Merchants, restaurants and community events are invited to drop off information / rack cards and brochures.

The Welcome Centre is located at 312 Gerrish Street, Windsor, in the War Memorial Community Centre (use the side ramp entrance).

Call 902-798-2690 or email welcome@westhants.ca

Planning an Event in West Hants?

You may require a Special Event Permit to host your event and/or permission from the Traffic Authority to hold an event on our streets and sidewalks.

For Special Event information and forms, contact
VanEssa Roberts at vanessa@westhants.ca

To speak with the Traffic Authority, contact
Troy Burgess at tburgess@westhants.ca

Contact Information

Summer Manager:

902-798-8391 Ext. 214 or summerrec@westhants.ca

Use this number for information on summer programs (Summer Camps & Summer of Fun). Contact Hants Aquatic Centre (HAC) for pool information

Hants Aquatic Centre:

902-798-8391 Ext. 228 or aquatics@westhants.ca

Use this number for information on pool programs (Swimming lessons, Aquafit etc). Contact the Summer Manager for summer program information

Kathy Kehoe

Director of Community Development:

902-798-8391 Ext.123 or kkehoe@westhants.ca

Kathy Johnston-Isenor

Manager of Recreation and Community Engagement:

902-790-6976 or kjohnston@westhants.ca

Sara LeBlanc

Community Recreation Coordinator:

902-790-0501 or SLeBlanc@westhants.ca

Bekah Craik

Active Living Coordinator:

902-790-9647 or bcraik@westhants.ca

Facility Rentals

We have spaces available to rent at the Community Centre and the Sports Complex! Please see contact information below.

Kevin Bennett

Manager of Parks and Recreation Facilities:

902-680-6407 or kbennett@westhants.ca

War Memorial Community Centre:

902-798-8391 ext. 215 or jsweet@westhants.ca

FREE Equipment Loan Program

We have everything you need for an adventure on the water! All equipment is provided and basic instruction and tips/tricks will be given.

- Kayaks
- Stand-up Paddle Boards (SUP)
- Hippocampe
- Walking Poles
- Bikes

Watch our website for other possible equipment loan-outs!



SCAN ME

Reserve your equipment at:
www.westhants.ca/free-equipment-loan-program/
OR

Contact Kiya at 902-790-0540
or summerfun@westhants.ca for more information



If cost is a barrier please contact us at 902-798-8391 Ext. 214 or summerrec@westhants.ca