

“Leading the Way to Healthy Active Communities”

Windsor/West Hants

Active Kids Healthy Kids (AKHK) Funding Program



Funding Partners:

West Hants Parks & Recreation Dept
Windsor Recreation Department
Dept. of Community, Culture & Heritage:
Communities, Sport & Recreation

What is the Windsor/West Hants Active Kids Healthy Kids Fund?

The Windsor/West Hants Active Kids, Healthy Kids Committee makes funding available to the community to support local groups and organizations to improve health and physical activity levels in youth.

The fund is meant to help the community to address innovative, non-traditional, creative physical activity initiatives that enable youth and their communities to lead physically active lifestyles.

This funding program is not meant for NSSAF or community sport organizations. All sport-related applicants should contact the Regional Sport Coordinator at: 902-679-4336.



No project is too small!!
Need Help with your Idea?
Contact the West Hants Parks & Recreation Department at
902-790-9647

Project Examples and Previously Funded Projects

- ◆ Community youth group programs
- ◆ Before or after school activities
- ◆ Life jacket purchase for canoe program
- ◆ Girls in Motion youth fitness programs
- ◆ Funding for equipment such as snowshoes, skis, helmets, etc.



Program Criteria

Your project should meet the following criteria:

1. Non-profit groups and organizations that have been together a minimum of six months.
2. The participants in your project **MUST** live in Windsor or West Hants.
3. Involve children and youth focused programming.
4. Increase the ability of the group or the community to provide ongoing physical activity opportunities and leadership.
5. Address physical activity, but may also address lifestyle factors such as stress, nutrition, tobacco, etc.
6. Be able to record/report the progress/results of the project.
7. Demonstrate a need for funding support.
8. Involve youth in the planning and leadership of the program.
9. Provide either structured or unstructured opportunities for youth to participate in physical activity.
10. Include fair and safe play as an integral part. I.E. fair play ideals: respect, access, inclusion, knowledge, sportsmanship, participation, etc.
11. Helping inactive children and youth to become more active is one of the priorities.
12. Focus on daily activities at home, at school and/or in your community and build on what is currently offered by groups and organizations in the community.

We Can Help!

If you need assistance or wish to receive an application, or if you are not sure that your idea meets the criteria, please call or email:

Kathy Kehoe: WH Parks & Recreation Director
902-798-8391 ext 123/recreation@westhants.ca
Kathy Johnston-Isenor:
WH Active Communities Programmer
902-790-9647/activeliving@westhants.ca
Dianne Levy: Windsor Recreation Manager
902-798-1162/dlevy@town.windsor.ns.ca
Anna Sherwood: Regional Physical Activity Consultant
902-679-5161/anna.sherwood@novascotia.ca
Andrea Parker: West Hants/Uniacke Community Health Board
902-798-2210/andrea.parker@nshealth.ca

Successful applicants will be notified in early November.

How To Apply?



Send your completed application to:

West Hants Parks & Recreation Dept.
c/o Kathy Johnston-Isenor
P.O. Box 3000, Windsor, NS, B0N 2T0
Email: activeliving@westhants.ca
Fax: 902.798.8553

**Application deadline:
October 11, 2019**