

To: <allcouncil@westhants.ca>

Mayor Zabian and West Hants Council,

RE: GLIDER'S CLUB - 55+ SENIORS - WINDSOR, NOVA SCOTIA MARCH 2025

The Glider's Club for Senior's has been operating in the Windsor Community Center since 1972 and is run by Senior Volunteers. The Glider's provide activities which benefit seniors mentally as well as physically in a safe environment at a low cost. We promote activities for all levels and all seniors are welcomed.

I have been on the Executive for 14 years. My husband and I retired to the Windsor area and have been members and served on the Executive since.

The Windsor area has a high population of Seniors and is growing rapidly. It is very important to keep our Seniors healthy mentally and physically. The social aspect is also very important as many Seniors live alone.

We are in need of a facility with a room accessible and affordable to run our Glider's events and be open to any members to drop in and play board games, darts etc. We shared the Glider's room with the WHRM whenever needed and available. We were getting smaller numbers participating at the Community Center with the main reason being the accessibility to the room and parking. Another complaint was the noise level.

We are temporarily using the Windsor Legion for our Auction 45's Cards, each Tuesday at 1:00, this is open to all seniors. No partner is required which benefits seniors living alone. We have been getting on an average of 30 each week and it is growing. We also run a drop-in Dart program which is also currently running at the Legion on Tuesday at 1:00. An average of 15-20 participates each week.

We have acquired 12 Resin Card Tables, 40 Resin Chairs and 2 chair trolleys through Grants for our Glider's room in the Community Center. Through Grants we have acquired Crokinole Boards, Dart Boards and other games.

If and when a solution is discussed to provide for a recreational facility in our area, we would like to be included in the planning stage. Speaking to those who would use a facility would promote a better understanding of what is needed.

Thank you for listening to the concerns of the WHRM Senior population and other groups in our area.

Carol Dahr, Secretary, Glider's Club for Seniors